

## OUR PHILOSOPHY

Citrus Heights HART is a volunteer-run community effort to end homelessness in the city of Citrus Heights. Our goal is to act as a resource for those facing extreme poverty and chronic instability by connecting them to local services.

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The HART philosophy is rooted in the idea that resources must be accessible in order to be utilized. Because most homeless services within Sacramento County are located downtown, there exists a physical gap between services and many of the people who need them.

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Open communication between local government, business owners, faith-based organizations, and passionate individuals foster an atmosphere of collaboration that will lead to tangible improvements in the lives of the homeless in Citrus Heights.

It is wrong not to give a hand to the fallen; this law is universal to the whole human race.

-Seneca the Elder

## Get Involved

[citrusheightshart@gmail.com](mailto:citrusheightshart@gmail.com)

[www.citrusheightshart.org](http://www.citrusheightshart.org)

SIGN UP FOR A NEWSLETTER FOR  
NOTIFICATIONS AND ALERTS

## City of Citrus Heights Navigator

916-533-3069

[navigator@citrusheights.net](mailto:navigator@citrusheights.net)

[tmorgan@sacselfhelp.org](mailto:tmorgan@sacselfhelp.org)

## Facebook

[facebook.com/citrusheightshart](https://facebook.com/citrusheightshart)

## LinkedIn

[linkedin.com/company/citrus-heights-hart](https://linkedin.com/company/citrus-heights-hart)



Our mission is to provide resources that will enable at-risk people and those experiencing homelessness in Citrus Heights and adjacent areas to become independent and self-sustaining members of the community.

— Since 2015 —

# Outreach

## DAY CENTER

During COVID-19, many service providers closed their doors. Citrus Heights HART did the opposite. During the winter months and COVID lockdown, we hosted a drop-in day center for our homeless neighbors. We provided hot food, resource referrals, charging stations, and community.

## VACCINATIONS, SHOWERS, AND MEALS

Citrus Heights HART is partnering with Dignity Health and other community organizations to provide free food, mainline resources, and COVID-19 vaccines to our unhoused neighbors.

You are welcome to attend our general assembly meetings to find out what HART is about and what we are doing for our community in Citrus Heights!

*For more information on meetings visit our website or Facebook page.*

# Programs

## WINTER SHELTER

The Citrus Heights Winter Sanctuary is a rotating emergency shelter program for Citrus Heights residents operated by CH HART in partnership with the local faith-based community and other volunteers. The program begins in December and runs until the end of February. The program provides dinner and to-go breakfast; cot, sleeping bag, and secure overnight storage for small items/bicycles.

## AT RISK STUDENT PROGRAMS

The Underground Clothing Connection Store, located in Sunrise Mall, provides free clothing for students and their families in the San Juan Unified School District. We are currently looking for volunteers to act as store staff. The store is open Wednesdays and Saturdays, 11AM-4PM. We are also working on providing workforce development, digital up-skilling and other programs.

## NAVIGATOR SUPPORT

Citrus Heights HART supports the City's Navigator who acts as the main outreach specialist in the county's coordinated system and works to assess and provide connections to services for the homeless. To ensure that clients are given access to services designed explicitly for them, the navigator does most of her work in the field by engaging potential clients where they live.

# Winter Sanctuary



# Get Involved

## COMMITTEES

- GA Meeting Every Other Month
- Winter Sanctuary Committee
- Fundraising Committee
- At-Risk Student Programs Committee
- Outreach Committee

# Scan and Donate

